



A Note from the School Nurse...

Hello Parents and Guardians! We are excited to be back and active as a district and as a student body for in person education! I know that these last few months have been difficult for everyone involved and I would like to commend you for your perseverance. I would also like to distribute some recent guidance we received from the state to maximize the benefits of in person learning and reduce the risk of exposure as well as closure for our school system.

Here are some steps you can take to help us.....

1. Monitor your child for signs and symptoms of illness before sending them to school.
2. If your student is sick or does not feel well enough to actively participate in class, please keep them home and notify the office.
3. Address any symptoms or concerns with your child's doctor, before sending your child to school.
4. Do not give your child fever reducing medication (acetaminophen/tylenol, ibuprofen/advil, etc) before sending them to school. Please note that some cold medications could contain fever reducing medications. These medications could cover up a fever and they could still be contagious!
5. In the event that your child becomes sick at school:
 - Please make sure that we have updated and accurate information so we can contact **you immediately**. (This also pertains to the need for school closure.)
 - Plan ahead, have a back-up emergency contact who can pick up your child if you cannot come to pick them up *within the hour*.

Some golden questions that come around often are "*How do I know when to keep my student home from school?*" or "*When do we send students home sick from school?*" as well as "*If a sibling is sick, can the other siblings attend?*" I believe the attached pages will address your questions, but please know we are handling illness on a case by case basis. As a *general rule*, if a student or a close contact (sibling, relative living within the home, etc.) has test results pending for the Covid-19 virus, the student **and/or** siblings should stay home until the results are received. The sibling rule only applies to Covid 19.

Please understand that we are following the Colorado Department of Public Health Guidelines for our Protocols and Procedures. In the event that your child is sent home because of COVID like symptoms or is excluded by his or her physician, we request that a doctor's note be sent to the office clearing the student for academic studies. Excuses can be faxed to 719-267-4195.

In these uncertain times, I am reminded that we are in this together-- as a district, as a staff, as a student body, and as a community. Thank you for your help and understanding as we navigate these hurdles together. As always, please feel free to reach out to me with any questions or concerns.

Respectfully,

Britany Chamberlain, RN BSN
Crowley County School District Nurse